



Vancouver Shudokan Karate-do

Contact: Vancouver Shudokan Karate-do

Email: Vancouvershudokan@gmail.com

https://wa-clark.countybuyselltrade.com/business-listings/fitness-centers/vancouver-shudokan-karate-do_vancouver_249076

Address:

5900 NE 152nd Ave, Suite #230, East Vancouver, Vancouver

Price:

Check with seller

Vancouver Shudokan Karate-do is a small, family owned karate school in East Vancouver. Training focuses on a combination of respect, etiquette, discipline, physical fitness, and self defense. Mental awareness and physical techniques found in the philosophy of Karate-do are emphasized in every class. We don't just offer training in martial arts, we offer a way of life through improving self esteem, sportsmanship, manners, and team work. Classes sizes are small offering personalized training.

Classes meet Monday through Thursday.

Monday and Wednesday open classes (ages 6 and up, all ranks) hourly from 5:00 - 9:00pm.

Tuesday and Thursday classes are as follows:

kids (ages 6 - 12 years) from 5:00 to 6:00pm,

adults (ages 13 and up) from 6:00 to 7:00pm

open classes (ages 6 and up, all ranks) from 7:00 to 8:00pm, and Brown/Black belt adult classes from 8:00 - 9:00pm.

Cost is \$65/mo and students are expected to attend at least 2 hours of class per week, but can attend more.

For more information, visit our website at VancouverShudokan.com or follow us on

Facebook, Instagram, and Twitter. Please contact Sensei Akihiro Iwata at Shudokan@vancouvershudokan.com if



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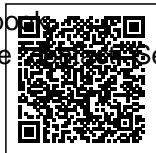
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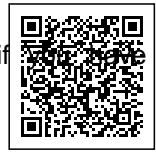
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